

# The History of the Canadian Society of Atherosclerosis, Thrombosis and Vascular Biology (CSATVB) 1990 to 2007

*M. Richardson, (President CSATVB 1999-2001)*

## Acknowledgements:

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The history of the society from its inception in 1983 to 1990 was reviewed by the Founding President, Dr. M. Daria Haust in 1991 (*Can J Cardiol* 1991, 7:336-384). In 1996, the name of the society was changed from the Canadian Atherosclerosis Society (CAS) to the Canadian Society of Atherosclerosis, Thrombosis, and Vascular Biology (CSATVB), a title that more completely reflected the research interests of its membership. This review is an overview of the activities from 1990 to 2007.

Current events and archival material are available on the web site: [www.csatvb.ca](http://www.csatvb.ca)

## 1. MISSION STATEMENT

In the originally drafted constitution, the overall objectives of the CAS were:

“The Society shall exist and be operated exclusively for educational purposes relating to the study of atherosclerosis and educational purposes relating to the study of atherosclerosis and areas pertinent to that field”.

Article I of the original by-laws outlined the specifics of these objectives and the means of achieving these aims. In 2005 these objectives were re-affirmed and presented as the Mission Statement for the CSATVB by then President, Dr. Avrum I. Gotlieb:

- To promote in Canada the advancement of science, research, and teaching related to the fields of atherosclerosis, thrombosis and vascular biology. The Society shall endeavor to achieve these objectives by promoting the exchange of existing knowledge through organization of scientific sessions at its annual and interim meetings, and by sponsoring symposia, conferences and workshops or co-sponsoring these with other scientific societies; fostering the introduction of new methodology; encouraging new research ventures and interdisciplinary approaches; facilitating the exchange of scientists between various centers; fostering the dissemination of knowledge by promoting the publication of the proceedings of its scientific annual meeting or a section thereof, and by establishing a permanent annual lectureship and similar endeavors.
- To promote the development and advancement of new young investigators in the fields of atherosclerosis, thrombosis and vascular biology in Canada by establishing scholarships and traveling fellowships to

support research training in outstanding research environments; establishing prizes for presentations at scientific meetings and for essays on original work; and sponsoring the attendance of leading researchers at national and international scientific events.

- . To establish, maintain and promote an appropriate liaison and exchange with, and wherever possible representation at societies of other scientists at the national and international level who have professional interests and aims similar to those of the Society. The Society, a constituent member of International Atherosclerosis Society (IAS), shall officially represent the Canadian community of scientists in this field on the IAS Council, and on the Program Committees for International Symposia and other scientific programs.

## **2. INTERNATIONAL ATHEROSCLEROSIS SOCIETY (IAS)**

The CAS/CSATVB has been an affiliated Society in the IAS since 1983 when it was granted status as a “Constituent Society”. The IAS holds an international meeting every 3 years. We pay an annual subscription to the IAS based on a per capita rate. This entitles members of the CSATVB to access to all IAS organizations including the monthly Newsletter, which is on line at <http://www.athero.org/>.

## **3. CONSTITUTION AND BYLAWS**

The original constitution was approved by the Society and legally ratified in 1986. There have been two major revisions to the constitution, in 1990 and again in 1996.

### **3.1 1990 Revisions**

In 1990 changes were made to extend the term of office of the President and the President Elect to two years, and to abolish the office of Vice-president. The tenure of office for the Secretary and Treasurer was increased to up to five consecutive one year terms. The Long Term Planning Committee (LTP) was revised to consist of a chairman, appointed by the President with the approval of the Executive, to serve for up to five years. The committee would consist of two Past Presidents, and three members at large. An Awards Committee and a Membership Committee were formed to replace the Credentials and Awards Committee. The aim of the revisions was to provide greater continuity of leadership and management, particularly with regard to the relationship with the IAS. These revisions were approved by the society at a special general meeting in 1989 and by the Federal Minister of Consumer and Corporate affairs in April 1990

Dr. R. More served as a Senior Advisor for the 1990 revision of the Constitution. Dr. More was appointed as the new Chair of the LTP (1990). He retired from this post in 1992 when Dr. Haust was appointed. In 1995 Dr. K.K.Carroll took over the chair of the LTP.

### **3.2 1996 Revisions**

In 1996 the revisions reduced the number of standing committees was reduced to four: Finance, Education, Membership and LTP. The Chair of the LTP was to be the President Elect; the Membership committee would vet applications for membership, report directly to the board and seek approval of new members at the Annual General Meeting; the Education Committee took over the duties of the Awards Committee. The Constitution and By Laws Committee was eliminated with a provision that an *ad hoc* Committee would be formed as necessary. These changes received Ministerial approval in 1997..

The intention to translate the Constitution into French was first initiated in 1991 by Dr. K. Cianflone, and again in 1992 when a Constitution and By Laws *ad hoc* Committee chaired by Dr. C. Nestruck was formed. Dr. Nestruck resigned in 1995 and the Committee was subsequently eliminated.

The current By Laws are available on the web site in both French and English

#### 4. THE NAME OF THE SOCIETY AND THE LOGO

The initial suggestion for the change in name of the society from CAS to CSATVB came from Dr. J Hirsh (then President Elect) in 1995, but was officially proposed by Dr. M.W.C Hatton in 1996.

Following the name change a competition was held to design a new logo. The current design was submitted in 1998 by Dr. P Julien who received the \$100 prize. It is based on the logo of the IAS with the superimposed maple leaf.



*Original CAS Logo*



*New Logo Designed by P Julien*

A new Seal was required, but to the author's knowledge, has not been received.

#### 5. BOARD OF DIRECTORS

In 1990 there was a Board of Governors which consisted of many outstanding citizens from whom no specific tasks or responsibilities were expected; but rather, by virtue of their standing provide greater visibility for the society. Members of the Board of Governors were listed on the letterhead until 1998. In 1990, Dr. B. Wolfe successfully moved that there be a Board of Directors consisting of members of the Executive committee and the members of the Council. There are currently (2007) six Councilors who are active members of the society but have no specific tasks.

#### 6. EXECUTIVE COMMITTEE

The Executive Committee of the CSTAVB currently consists of the President, President Elect, Secretary, Treasurer, Past President, Chair of the Education Committee, Chair of the Finance Committee, the editor of the Newsletter, and a student member.

The responsibilities of each officer are described in the by laws. The tasks of the President, Secretary, Chair of Finance, and Awards Committee were drafted by the incumbents during 1991-92, but remained unnoticed. There was a proposal in 1995 that the procedures and guidelines be documented, and in 1996 a "Booklet of Terms of Reference for Executive and Committee Chair" was to be prepared by Dr. C. Breckenridge and Dr. Carroll. No copy is available at present.

##### 6.1 Presidents Since 1989

Dr. K.K. Carroll 1989 – 1991 (died Oct 1998); A memorial lecture was given by Dr. M Huff in Quebec 1999

Dr. D. Roncari 1991 – 1993 (died May 1994); A memorial lecture was given by Prof Lars Sjostrom Gothenberg, during the Enzyme Receptors and Drugs in Obesity and Atherosclerosis Conference, Toronto, 1998

Dr. C. Breckenridge 1993 – 1995

Dr. P. Julien 1995 – 1997

Dr. S. Moore 1997 – 1999 (died 2000). As a memorial to Dr. Moore a special grant-in-aid competition was initiated. This was funded by donations from members of the society and was awarded to Ms. Simone Lemieux, University of Laval, by Mrs. Cynthia Moore in 2002 in Toronto for a proposal "Triglyceride metabolism, cardiovascular risk profile and type 2 diabetes in menopausal women".



Dr. M. Richardson 1999 – 2001  
 Dr. J.C. Russell 2001-2003  
 Dr. A.I.Gotlieb 2003 – 2005  
 Dr. T.C. Ooi 2005 – 2007  
 Dr. M.W.C. Hatton 2007 –

Dr. Robert More was the **Honorary President** from 1983 to 1996; Dr. More died in 2004. His obituary was presented in the August 2004 Newsletter by Dr. Gotlieb, and there was a Memorial Symposium at the Annual Meeting in October 2004 organized by Dr.Gotlieb, then President, with a tribute given by Dr. Haust. A profile of Dr. More is presented in the June 1996 Newsletter.

*Mrs. Moore presents the award to Ms. Lemieux*

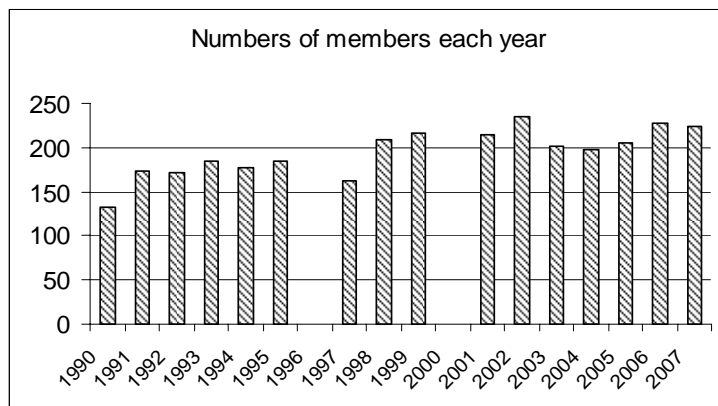
## 6.2 Presidents Elect

There have been two Presidents Elect who were unable to continue to President, Dr.Hirsh who resigned in 1995 when the Presidency was assumed by Dr. Julien, and Dr. J. Frohlich who resigned in 2001 and the Presidency was assumed by Dr. Russell.

## 7. MEMBERSHIP

There are currently (Jan 2007) four categories of membership: **Regular** – established scientist; **Associate** – Individuals who are not established scientists, but are scientists in training (currently 50), and **Corporate Associate** – Representatives of companies or firms who contract to support the society with donations (currently 3); **Emeritus** – retired members (currently 1); **Honorary** – non-members who have made outstanding contribution to the Society. The current Honorary members were elected in 1992 and include Dr. J Beveridge, Dr. F Connell, and Dr. P David.

The need to recruit new members to the society has been an ongoing concern. In 1990 the especial need to involve more young scientists was recognized by the Chair of the LPT Dr. More, and in 1995 it was considered that the visibility of society should be increased, and this would be in part achieved through the use of the internet. In 2001, the possibility was entertained of inviting members of North American Vascular Biology Organization (NAVBO) and the International Society for Thrombosis and Haemostasis (ISTH) to become members but this was not initiated.



In 1990 the annual dues were \$15.00 for Regular members but Students and Trainees were not required to pay a membership fee. In 1992, the annual dues were increased to \$25.00, and in 1997 a fee of \$10.00 for student members was introduced. A further increase was assessed in 2005 but the Executive Committee considered it was not appropriate at that time. (A small “flash back”: in 1990 car mileage was \$0.25/km!)

## **8. EXECUTIVE AND COUNCIL MEETINGS**

The Executive Committee now meets together with the Council members and the Education committee. Until 2000 the Executive Committee met together with the Council, but meetings of the Education and Long term planning committees were held separately. Two face to face meetings occur regularly at the time of the Annual meeting and early in the New Year. On occasion extraordinary meetings have been called. In 1990, during the Autchel Symposium in Saskatoon, there was a combined Executive and General meeting to discuss constitutional revisions and to which votes were sent by proxy; in June 1997, the Education, LTP and Finance committees met in Aylmer, Quebec, and the Executive and General Meetings were held in Paris in October 1997. In June 2004, the Executive met at the International Vascular Biology Meeting (IVBM) in Toronto

## **9. ANNUAL MEETING**

The Annual Meeting of the Society is generally held in October now as part of the Canadian Cardiovascular Congress (CCC). It includes a meeting of the Board of Directors, the Annual Scientific Meeting, the Annual General Meeting and a number of social activities. As of 2007 (Quebec), a half day focused on trainee members was initiated as part of the annual meeting.

### **9.1 Annual General Meeting (AGM)**

The AGM, involves all members of the society including the members of the Executive Committee and the Councilors. Approval by the general membership is necessary for the appointment of new members of the Executive Committee and new members of the Society.

Since 1999, the minutes of the AGM are published on the CSATVB web site, and since 2007 they are included in the Fall Newsletter.

### **9.2 Annual Scientific Meeting**

The Annual Scientific Meeting of the CAS/CSATVB was originally held in association with the Royal College of Physicians and Surgeons of Canada (generally referred to as the Royal College) and the Canadian Society for Clinical Investigation (CSCI), and continued to be held with these institutions until 1999 when it was held in association with the Annual Meeting of the Canadian Cardiovascular Society (CCS). In 2000, the CCS and the Heart and Stroke Foundation of Canada (HSFC) collaborated to develop the CCC which incorporated those Societies, including CSATVB, whose interest was relevant to cardiovascular disease.

#### **9.2.1 Annual Scientific Meetings associated with the Royal College and the CSCI**

Annual Meetings with the Royal College and CSCI were held in Toronto in 1990, Quebec City in 1991, Ottawa in 1992, Vancouver in 1993, Montreal in 1995, Halifax in 1996, Vancouver in 1997, and 1998 in Toronto.

Up to 1990, the CAS annual meeting had consisted of one symposium and one oral session for submitted papers and a guest lecture. In 1990, the meeting in Toronto was expanded to include one symposium, two oral sessions for papers, and a poster session, but there was concern relating to the management of the meeting including the suggestion by the Royal College that “papers of an investigative nature be poster presentations”. The CAS executive strongly opposed this suggestion. Further, the Royal College contended that if a symposium had less than 30 in the audience, no symposium would be permitted the following year. In 1991 the idea of a workshop instead of (or as well as) a symposium was introduced by the Royal College, however, the Royal College proposed to coordinate themes among member societies, and promote co-sponsorships. As Chair of the LTP in 1990 Dr. More recognized the need to expand the scope of the scientific content of the meeting to accommodate more investigations in “advanced fields of biology”, rather than a focus with a “broad interest to members of the CSCI and Royal College”.

The 1991 meeting in Quebec City was the 60<sup>th</sup> Anniversary of Royal College. At the Meeting in 1992 in Vancouver, special events were organized including a “History of Medicine Symposium” as part of which Dr. Haust presented the “History of the CAS”. At this meeting the CAS held the first formal reception for its members which provided wine, beer and “healthy” hors’ d oeuvres.

A specific executive position, the **Liaison Officer**, was responsible for maintaining the contact with the Royal College and CSCI, particularly with respect to the Annual Meeting. Up to 1990 Dr. Haust was the Liaison Officer. In 1991, Dr. U. Steinbrecher took on the position and represented CAS on the Scientific Program Committee, but he concluded that the role of Liaison Officer with the Royal College would more appropriately be held by the Chair of the Education Committee. In 1992 Dr. D. Goldberg, the Education Committee Chair, was the sole representative of the CAS on the Scientific Program Committee. At that meeting the CAS had two poster sessions, one symposium, one oral session and a guest lecture supported by Sandoz Pharmaceutical Co. Dr. Goldberg continued to represent the CAS until 1998. After 1998 the office of Liaison Officer was abolished.

### **9.2.2 Annual Scientific Meetings in association with the Heart and Stroke Foundation of Canada (HSFC) and the Canadian Cardiovascular Society (CCS)**

In 1990 the possibility of holding the Annual Scientific Meeting in association with the CCS was suggested to the LTP committee by Dr. A. Angel and following the recommendations in 1992 of Drs. Horlick and More, who formed the LTP, the CAS guardedly initiated negotiations with the HFSC and CCS to hold the Annual Scientific Meeting in association with their Annual Meeting. In 1992, however, the CAS Executive decided to stay with the Royal College, although Dr. D. Roncari described the benefits of closer ties with CCS and HFSC. A move to hold the Annual Scientific Meeting of the CAS in association with the CCS was proposed in 1993 in part because of cost of Royal College registration, but the Annual Meeting in 1994, which was small because of International meeting, remained with the Royal College. By 1996, the registration fee for non-MD members to attend the meeting, the cheapest rate, was \$196. There was a renewed proposal to hold Annual Meeting with the CCS in 1996 and it was decided continue negotiations whilst maintaining links with the Royal College. These sentiments were expressed again in 1997, but any decision was put off until 1998, and then until 1999.

In 1997, the LTP Committee and Dr. Julien met with Dr. P. McLaughlin, President of the CCS, to further define the format of the CCS meeting and to promote links between CCS and CSATVB. A final commitment for the annual meeting to be held with the CCS in 1999 followed a motion which was proposed by Dr. Hatton and passed in January 1997. The first annual scientific meeting of CSTAVB with CCS took place in Ottawa in 1999.

There followed a series of meetings between various members of the CSATVB Executive and the CCS. In 1998, the Chair of the Education Committee, Dr. H Parsons and the President, Dr. S. Moore were invited to sit on the Annual Meeting and Program Committee of the CCS, chaired by Dr. R. Collins-Nakai. Subsequently, Dr. M. Richardson as President continued to attend these meetings in order to better define the position of the CSTAVB within the CCC. One major problem was the policy of the CCS to reject ~40% of submitted abstracts “to maintain the standard”. It was agreed that the CSATVB would continue to review abstracts submitted to CSATVB according to its own policy rather than that of the CCS, and this position has been maintained. The first Annual Scientific Meeting in Quebec City in 1999 was in general successful, and it was agreed by the Executive Committee that future meetings would be held in association with the CCS.

In 1999, the CCS and the HSFC inaugurated the CCC. This meeting included all those societies whose focus was cardiovascular disease. It proved to be one of the largest Canadian Congresses with registrations of over 3000 delegates. The first annual meeting of the newly designed CCC was in 2000 in Vancouver. The CSATVB scientific program included two symposia, two oral sessions, a poster session and a guest lecture. However, the recruitment and visibility of sponsors presented a problem. In 2001, there was a revision of policy for promotion of sponsors by associated societies, and the CCS distributed the “jewel” document in order that each society would tailor its relationship with its sponsors according

to the guidelines of the CCS. The CSATVB chose the “sapphire” option which enabled independent solicitation of sponsors up to a maximum of \$250 per member within the society.

Planning meetings were subsequently attended by Dr. B.Nassar, Chair of the CSATVB Education Committee and the President, Dr. Russell, and the CSATVB became recognized by the CCS as the society of choice to organize sessions on basic research into atherosclerosis and vascular biology. These sessions included submissions from members of other societies, so that by 2006, at the CCC in Vancouver, there were three symposia, four oral sessions and a poster session within the CSATVB scientific program.

The subsequent CCC meetings, Halifax (2001), Edmonton (2002), Toronto (2003), Calgary (2004) have all been successful. The meeting in Montreal, 2005, included the memorable 20<sup>th</sup> anniversary for CSATVB with a gala dinner. This meeting also saw the debut of President’s symposium which was suggested and organized by the President, Dr.Gotlieb.

## 10. XIIth INTERNATIONAL IAS MEETING IN MONTREAL, 1994

Dr. Davignon, as Chairman, organized a superb meeting. Associated with this meeting were a number of Satellite meetings sponsored by the CAS. These included a symposium on Nutrition and Atherosclerosis held in Quebec City organized by Dr. Carroll and published in *Can J Cardio* 11 *Suppl G*. A post-symposium satellite “The molecular basis of HDL antiatherogenicity” was held in Halifax, organized by Dr.Y Marcel and Dr. Breckenridge. The Proceedings of the Quebec symposia were published in the *Can J Cardiol*.



Although there was initial concern relating to financial support for the meeting, by 1993 there was committed support of \$1.4million and a further \$1.6million had been promised. By September 1993 \$4.5 million had been pledged. Most importantly for the CAS, there was an agreement with the IAS to split any surplus equally.

It was suggested that the CSATVB bid for 2003 IAS meeting to be held in Vancouver, but this meeting was finally awarded to Kyoto.

*Possibly the best Conference briefcase ever produced!*

## 11. ROYAL COLLEGE of PHYSICIANS AND SURGEONS (CANADA) - RELATED ACTIVITIES

In addition to the Annual Meeting, there were a number of other interactions between CAS and the Royal College:

### 11.1 Task force on Corporate Participation in Annual Meeting

In 1990, the Royal College convened a task force on Corporate participation in the Annual Meeting. Then President Dr. Carroll was approached and asked to inform this task force on the interactions of the CAS and industry. The recommendations of the task force included prohibition of the organization of functions that would be in conflict with scientific sessions, the use of Royal College-associated logos, reproduction of scientific presentations, funding attendees other than invited speakers. In general these recommendations were consistent with those of the CAS.

### **11.2 Workshop on Strategies for the Maintenance of Competence**

Also in 1990 the Royal College invited representative of the CAS to participate in this workshop. Dr. N. Kalant attended but considered that, since the focus was on clinical competence and although this is an important issue, and the CAS was not a clinical society, this meeting was not relevant to the CAS.

### **11.3 Task force on the relationship between family physicians and consultants**

This task force was attended by then President Dr. D. Roncari. (At this time the author has no further information on the outcome of this Task force).

### **11.4 Expansion of National Headquarters Building**

In 1991, the Royal College expanded their building in Ottawa and offered space and secretarial support to the CAS. The Royal College also offered services, including national travelling fellowships and regional clinical traineeships, but only to Royal College Fellows. These offers were never accepted

## **12. INTERACTIONS BETWEEN CAS/CSATVB AND THE CANADIAN HEART FOUNDATION (CHF), now HEART AND STROKE FOUNDATION OF CANADA (HSFC)**

### **12.1. Negotiations to develop an association between the CAS and the CHF and the Canadian Cardiovascular Society (CCS)**

In 1989 then President Dr. Horlick, together with past President Dr. Little held discussions with the then CHF and the CCS with the objective of establishing an association/relationship with the CAS. The Executive and Council of the CAS approved a motion that Dr Horlick represent the CAS in any negotiations with the CHF.

Together with the Chairman of the LTP, Dr. Haust and Past Presidents Drs. Little and Davignon, a dialogue was initiated with the CHF to establish a Council on Atherosclerosis, analogous to the one used by the American Heart Association. In such an association the CAS would be co-equal with the CCS. There was little progress reported in September that year, but it was suggested that the CAS explore the possibility that the annual meeting be alternately with the CHFS and the CCS, and with the Royal College and CSCI. Such an arrangement was discussed subsequently, but was never instituted. In January 1990, Dr Horlick reported that because the CHFS is essentially a lay organization and the CCS represents its scientific arm there was more potential in negotiating with the CCS to form some form of affiliation. Although the HSFC continued to support the concept, there was no definitive arrangement by September 1990. In 1992 then President, Dr. Roncari, reported a successful meeting between himself, and the President of the CCS, Dr. Eldon Smith. The CAS/ CASTVB did not establish any formal relationship with the HSFC, but did become integrated into the CCC, the first meeting being in Quebec City in 1999.

## **13. HSFC/CCS-RELATED ACTIVITIES**

### **13.1 Coordinating Committee for post Consensus Conference Initiatives**

In 1988, the highly successful Canadian Consensus Conference on Cholesterol (CCCC), organized by then President, Dr. Little, was held in Ottawa. This conference was sponsored mainly by the CAS, but was also supported by the (then) Canadian Heart Foundation (CHF) and the Heart and Stroke Foundation of Ontario (HSFO). The CCCC prompted a number of other initiatives associated with the Heart Foundation, which were related to the better management of risk factors related to cardiovascular disease which in 1990 accounted for 39.4% of deaths, was considered a public health concern (*Can J Cardiol* 9 669; 1993). The development of these initiatives involved many members of the society over the following several years

In 1989 a Coordinating Committee for post Consensus Conference Initiatives was formed by the CAS in collaboration with the Canadian Heart Foundation, and Health and Welfare Canada, the CHF

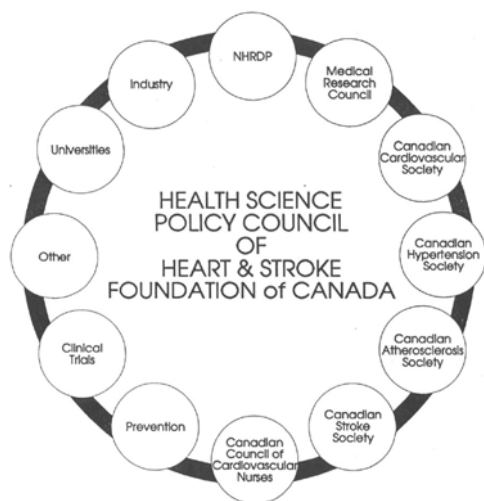
and the HSFO, and as well nine other associations: the CLC, the Canadian Society for Clinical Chemistry, the Nutrition Society of Canada, the Canadian Public Health Association, the Canadian Heart Health Network, the Core Lipid Laboratory, the OMA Proficiency Testing Program, the Canadian Cholesterol Reference Foundation, and the Canadian Dietetic Association. The overall objectives of this committee were: the preparation of **guidelines** for detection, evaluation and management of high and medium risk patients for CHD from elevated plasma lipids; to evaluate impact application of this evaluation on **professional education**; to evaluate the need for a **Public Health Program**; to evaluate the impact and application to **laboratory standardization**. A meeting of the coordinating committee, chaired by Dr. Little was held on January 20<sup>th</sup> 1989 during which presentations were made which addressed these issues.

### 13.2 Canadian Task Force for Cardiovascular Science promoted by the HSFC and the CCS.

In 1990 the HSFC and the CCS developed a joint initiative to evaluate and promote cardiovascular science in Canada. A questionnaire was circulated to researchers working this area, and the findings were published in a report: *Can Med Assoc J* 146:1969; 1992. In September 1990, then president, Dr. Carroll, wrote to Mr. J. McCrea, the Executive Director of the HSFC, requesting that the CAS should be represented on the Task Force. In 1992, although there were a number of CAS members including Drs. Gotlieb, Hirsh, Langille, Moore, Holub, Davignon, Petrasovits, and Brckenridge included in these working groups there was no official recognition of the CAS, specifically the Education Committee. However, although there had been no prior approval for the Task Force, a request for \$10,000 was approved by the Executive Committee in September, 1992. Dr. Breckenridge continued to attend meetings on the Task Force until Spring, 1994.

### 13.3 Health Science Policy Committee (HSPC)

In 1993, following the Task Force on Cardiovascular Science, the HSFC approved the formation of a Health Science Policy Council for strategic planning for research, collaboration, liaison with industry and government. The CAS was invited to submit nominations for positions on the Council and Dr. Beckenridge was selected. In 1994 the HSPC proposed the development of initiatives relating to



promoting Heart Health in Canada, particularly with a focus on cholesterol and then President Dr.

Brckenridge, together with Drs. Tan, Maclean, Lupien and Fodor were invited to serve on this committee, and Dr. Steiner represented the CAS on the Diabetes advisory board. Relevant societies, including the CAS were invited to provide \$10,000 financial support and the CAS complied. An outline of the structure of the HSPC was circulated by the HSFC and shows the CAS as a participant.

Dr. Breckenridge continued to serve on this committee during 1995, and proposed further involvement of CAS, with a view to developing a meeting including all aspects of the cardiovascular community, modeled on the American Heart Meeting.

However, this was not supported and the CAS Executive decided that interaction with any financial support be withdrawn.

In 1996 the Health Sciences Policy Council recommended the formation of a Task Force that would be engaged in leveraging new resources for stroke and cardiovascular health science, specifically to develop bridges between clinical and basic research. Then President Dr. Julien attended meetings in 1996 and 1997. He proposed that there be coordination to form a "Hypertension Network" which would

provide a registry and expert information. Similar initiatives were proposed for congenital heart disease, and myocardial infarction. The minutes were distributed to the Executive of the CSATVB. Subsequently the Executive of the CAS considered that the HSFC appeared to be a committee of the HSFC, and although Dr Julien was permitted to be reimbursed for attending meetings, any usefulness of this initiative was queried.

#### **13.4 International Heart Health Conference, Victoria BC May 1992**

In November of 1991 Health and Welfare Canada and the HSFC proposed an initial plan for the International Heart Health Conference held in Victoria, BC in May 1992. Initially this was conceived as “Bridging the Gap – Policy and Science in Action” to form a report on Promoting Heart Health in Canada. Then President, Dr. KK Carroll was invited to attend the planning Committee in 1991

A document, The Victoria Declaration was generated to be distributed at the conference, and Dr. Carroll was invited to review this document. The topics included a review of population groups and their risk factors; strategies including marketing and research; and proposals for partnerships among government, health professionals, voluntary organizations, scientists and research institutions and the private sector.

#### **13.5 The Cardio-Cerebrovascular Advisory Committee (C-CRAC)**

Meetings of C-CRAC were attended by the President of the CSATVB, or representative from 1998 – 2001. However, although the Executive Committee considered that it was possibly important for CSATVB to be represented on C-CRAC, it was considered that any value was questionable. C-CRAC was discontinued in 2002.

#### **13.6 Heart Health Strategy for Canada**

In 2006, the Government of Canada committed to promote the development of a Heart Health Strategy for Canada. The agencies involved included the Public Health Agency, the CHIR, the HSFC and the CCS. Then President of the CSATVB, Dr. Ooi, was invited to submit nominees from the CSATVB to sit on a steering committee. The incoming President, Dr. Hatton is continuing to attend these meetings

#### **13.7 HSFC and CSATVB Trainee Award**

In May 2007 a senior officer of the HSFC approached then President Dr. Ooi and Chair of Finance Committee, Dr. E. O’Brien with regard to the formation of scholarship awards for graduate students. The proposal was that CSATVB would provide 40% of the funding, with the HSFC providing the remaining 60%. The award would be administered by the HSFC, and although not restricted to members of the CSATVB, a successful applicant would be engaged on a topic consistent with the objectives of the CSATVB, be encouraged to become a member and be invited to make a presentation at the Annual Scientific Meeting.

### **14. MEETINGS WITH OTHER SCIENTIFIC SOCIETIES**

#### **14.1 Canadian Lipoprotein Conference (CLC)**

The CLC was instituted before the CAS, and any proposal that the two societies should amalgamate had not been well received by the CLC. However, the need to interact with this society was recognized by Dr. More as Chair of LTP. In 1995, a joint meeting was proposed, and in 1996 the CAS approached the CLC to examine the possibility of organizing joint meetings. Dr. Marcel made a number of suggestions that were distributed to CLC members for discussion during their annual meeting, including proposed joint meetings for Montreal in 1987, in London in 1998, and in Quebec 1999 but the CLC remained cautious and a joint meeting was never held. The proposed scheme for inter-relationships among the CLC, CAS and the Royal College Meeting are presented in the July, 1997, Newsletter.

In 2000, the CLC held their meeting in Digby to facilitate attendance at both CLC and CSTAVB meeting in Halifax, and in 2001 meetings of both societies were in BC, the CLC at White Rock and the CCC in Vancouver. Dr. J Hill, who organized the White Rock meeting, and was Secretary of CSATVB considered that the CSTAVB should continue to explore ways of fostering good relations with the CLC.

#### **14.2 Canadian Hypertension Society (CHS)**

A joint meeting with the CHS was suggested by then president of the CHS, Dr. RWMK Lee, in 1990, but such a meeting has not taken place. The CHS became participants in the CCC at the same time as CSATVB. However, the CHS remained less integrated into the CCC and holds its annual meeting immediately prior to the main CCC meeting.

#### **14.3 Joint Meetings with NAVBO**

In 2004, the XIII International Vascular Biology Meeting was held in Toronto, organized by Dr. Gotlieb. The CSATVB was a sponsor and provided financial support of \$15,000 and an additional \$10,000 for student travel and awards. The \$15,000 was subsequently returned to the CSATVB by Dr. Gotlieb after a successful meeting which was attended by over 900 registrants. Abstracts were published in the journal *Cardiovascular Pathology*.

In 2006, a Matrix and Vascular Biology Meeting was held in Whistler BC co-organized by Dr. M. Bendeck with co-sponsorship by NAVBO, who organized the meeting.

### **15. SCIENTIFIC MEETINGS SPONSORED BY THE SOCIETY**

The CAS/CSATVB has been active in sponsoring scientific meetings associated with other institutions. Such support was, however, only provided with appropriate caveats. In 1990 it was proposed to the Executive Committee by the Education Committee that CAS only sponsor an activity if there was a request to the Chair of the Education Committee before any formal action had taken place. Furthermore there was a suggestion that to ensure reasonable control 10% of the total supporting funds was to be retained by the CAS.

In 1996 Dr. Goldberg, then Chair of the Education Committee requested a review of the guidelines following a request from Dr. Carroll for financial support and sponsorship for his meeting “Diet, Nutrition and health: An Update” to be held in June, in London On. The Education Committee replied there was no precedent for providing money if the CAS had not been involved in planning stages. Dr. Goldberg suggested revisions include “the request for support should be made in advance of the program being finalized; at least some of the speakers/sessions should have a clear relationship to atherosclerosis and should be organized by members of CAS.

In Spring, 1990 the **Altschul Symposium** organized by Dr. Gotlieb, was held over 3 days in Saskatoon. Dr. Rudolf Autchul FRS was a noted Canadian Anatomist and Pathologist; a profile of his career was published in the Summer, 1995, News Letter. He wrote the first monograph on the Endothelium in the 1950s

The Vancouver Symposium on **HMG CoA-reductase Inhibitors** was held in 1990, and was published in *Can J Cardiol* 8:Suppl A 1992.

In 1992, the **International Heart Health Conference** was held in Victoria BC

In 1993, the “**The aging patient**” symposium was held in Vancouver BC in association with the Canadian Society of Internal Medicine and the Canadian Hypertension Society.

In December, 1994, a symposium “**Health effects of moderate alcohol consumption, Good, bad or indifferent?**” was sponsored by CAS at the University of Toronto. The symposium was organized by Dr. Goldberg and was reported in the Spring 1995, Newsletter and is published in *Clinica Chem Acta*.

In September 1994 a CSCI/RCPSC special symposium sponsored by the CAS: “**Susceptibility to Common Diseases**” was held in Montreal. The meeting was Chaired by Dr. David Rosenblatt, and featured CAS member Dr. R. Hegele.

In May 1996, the “**Vascular Disease Symposium**” organized by Dr. A.R. Downs was held in Manitoba.

In June 1996, a symposium “**Diet Nutrition and Health**” was held in London, ON organized by Dr. Carroll.

September 1997 CAS co-sponsored a symposium “**Prevention of CAD Myth or Reality**” in Vancouver, BC along with the CHS, Canadian Society for Clinical Pharmacology and the CCS at the Annual Meeting of the Royal College of Physicians and Surgeons of Canada.

In May, 1998, “**Enzymes, Receptors and Drugs in Obesity and Atherosclerosis**” was organized by Dr. Goldberg and presented in Toronto. Abstracts from this meeting are published in the Newsletter, Spring 1998

In 2002, “**Atherosclerosis update, Genetics and Therapeutic Perspectives**” was hosted by Bio-Inova and organized by Dr. Davignon in Montreal. Also in 2002, the CSTAVB sponsored the 11<sup>th</sup> Congress of the International Society of Cardiovascular Pharmacology.

## 16. PUBLICATIONS

In addition to publications related to the meetings already described (section 14) other publications have been sponsored by the CAS/ CSTAVB.

From 1991 to 1994, there were a number of interactions with *Can J Cardiol* in terms of publishing the Newsletter or other relevant documents. Some manuscripts from symposia presented at the Annual Scientific Meeting in 1988 were submitted for publication in *Clin Invest Med* and in *Can J Med*. In view of the problems associated with attempts to publish symposia, the Education Committee in 1990 approved a motion to form a standing committee to consider publication of meeting proceedings. Subsequently this proposal was rejected. Presentations by Grant-in-Aid recipients were published in the Newsletters.

“**Atherosclerosis Update**”, a series of editorials in the *Can Med Association J* and *Can J Cardiol*, were published from 1989 – 1993. These publications were supported by Merck Frosst. Initially they were edited by Dr. M Mishkel, and subsequently by Dr. R Hegele and by Dr. J Genest

1993 Canadian Task Force for Cardiovascular Science was published in *Can J Cardiol* 9: 699, 1993.

The proceedings of a Quebec satellite symposium “**Nutrition and Atherosclerosis**” were published in a *1995 Supplement to the C J Cardiol*.

**2005 Canadian Guidelines for Cardiac Rehabilitation and Cardiovascular Disease Prevention** were published in *Can J Cardiol* 21: Supp D, 2005.

## 17. AWARDS

### 17.1 Outstanding Service to the Society

Three Outstanding Service awards were made in 2001 to: Drs. M. D. Haust, J. Davignon and P. Julien.

Dr. Haust was the founding President of CAS and was in office from 1983 to 1986. She served on the Executive until 1995. In 1997, she became an Emeritus Member of the Society. Dr. Haust has always been active within the Society and she has contributed extensively to the Newsletter. Her profile was presented in the March, 1996, issue of the Newsletter.

Dr. Davignon was second President of the CAS, and secured major funding for the new Society, Together with Dr. Haust, he secured Montreal as the venue for the 1994 XII IAS Symposium and was the President of the Meeting. Dr. Haust was the Honorary Chairman. Dr. Davignon was presented in the March, 1997, issue of the Newsletter.

Dr. Julien assumed the Presidency following the withdrawal by President Elect, Dr. Hirsh. Dr. Julien had been Treasurer and under his guidance the Society prospered. His profile was presented in the December, 1995, issue of the Newsletter.

### **17.2 The CSATVB Scientific Excellence Award**

The establishment of an Award Scientific Excellence was approved in 2000. Nominations from CSATVB members are reviewed by a committee and the awardee is selected annually from active researcher, who exhibit consistently outstanding and innovative research in any area of atherosclerosis, thrombosis and/or vascular biology. The awardee will be expected to deliver a keynote scientific lecture at the annual CSATVB Scientific meeting. The award includes \$2,000, a commemorative plaque, and CSATVB membership for one year. The first committee included Drs Gotlieb (Chair), Davignon, Lowell Langille, and Bruce McManus, and the award was made to Dr. Andre Marette from Laval University in 2007.

## **18. TRAINEE AWARDS**

### **18.1 Travel Awards**

Travel awards were provided for students and Post Doctoral fellows to attend and present their work at the IAS Symposium in Montreal in 1994. These awards were related to the distance travelled, ranging from \$250 for Quebec students to \$750 for students from Saskatchewan, Alberta and BC; in all twenty two awards were made at that time. Travel awards continued for students presenting at IAS meetings including the 1991 meeting in Rome, the 1997 meeting in Paris when eighteen members received travel support of \$500, and the 2000 IAS meeting in Stockholm. These awards were supported by funds raised by Dr. Ooi, then Chair of the Finance Committee, and donated by Parke-Davis and by Merck.

Travel Awards are currently available for students who are presenting their work at the Annual Scientific Meeting. The conditions for an award include that both applicant and supervisor are CSATVB members in good standing.

### **18.2 Young Investigator Awards**

The Society recognizes scientific excellence among investigators in the early stages of their career with the Young Investigator Awards. These awards are made for the best presentations, podium and poster, at Annual Scientific Meetings. A list of previous awardees is presented on the web site.

The first award was given in 1992. In 1995, the awards Committee instituted two prizes of \$750 as well as support for student travel and in addition presentation awards were made. In 2001, there were fourteen applicants for poster award. Student awards have been made possible because of generous corporate donations, including those from Parke-Davis, Merck-Frosst-Scherring, Pfizer, Astra- Zeneca, and Solvay.

### **18.3 New Investigator Grant-In-Aid**

Financial support for new investigators provided by the Society was initially suggested in 1997 by Dr. D Sparks, and the award was created in 1998. A special one time research award was created in 2002 in memory of Dr. Sean Moor who was President 1997 -1999. The guidelines for these awards were defined by Dr. Gotlieb, in 1999, and described an award of \$5000 for faculty within their first five years, and was to be accompanied by a matching amount from the recipient's institution. This award was increased to \$10,000 without the requirement of a match in 2002.

Awardees are required to present a talk describing the studies financed by these awards at the Annual meeting. A list of recipients since 1999 is presented on the web site.

### **18.4 The M. Daria Haust Research Award**

In 2006 an award was approved to be made to a female Canadian scientist who is within ten years of being recruited to their first faculty position at a Canadian University and is currently paid-up member of the CSATVB. The award of \$10,000 is intended as support for research, and not for salaries or stipends. The first competition, scheduled to be held in the fall of 2007, was delayed until 2008.

## 19. TRAINEE INITIATIVES

### 19.1 Trainee Advisory Committee

An *ad hoc* committee to develop trainee initiatives was created in 2004 chaired by Dr. G. Shen and including two student representatives, Ms. K. Blouin and Mr. S. Coglan. Mr. Coglan attended the meeting of the Executive Committee in Spring, 2006, as the first student member of the Executive. One outcome was the inauguration of a trainee “get-together” with a wine and cheese reception which was held for the first time during the Vancouver, 2006, Annual Meeting.

### 19.2 CIHR Young Investigator (YI) Forum

YI Forums, organized by the Canadian Institute for Health Research (CIHR) Institute of Circulatory and Respiratory Health, were held in Winnipeg, in 2006. Dr. G. Shen was the representative of CSATVB. The Forums were sponsored by industrial and non-profit organizations, including CSATVB which provided travel awards for the attendees who have an active membership of CSATVB. In 2007, the YI Forum was replaced by a CIHR-organized Leadership Forum which was held in Toronto in June, 2007, and was supported by CSATVB.

## 20. COMMUNICATIONS

### 20.1 Newsletter

The Society has published an annual Newsletter since its inception. Initially the Newsletter was edited by the Secretary of CAS: Dr. Y. Marcel (1986-88), Dr. M. Richardson (1988 -90), Dr. H. Groves (1990) and Dr. Cianflone (1990-4).

The deadline is May 31, 1991  
in order to make the next issue of  
the  
newsletter which will be in June  
1991. The sooner the better, so  
please send in your input.



NEW FACES IN THE CROWD

*From the Spring 1991 Newsletter*

From 1990 to 1994, Dr. Cianflone produced Newsletters that were bilingual, included forums to advertise positions available or wanted, to pose scientific questions, and to make suggestions relating to the society. Her Illustrations brought a new life to the Newsletter. The Editorship of the Newsletter became a separate responsibility in 1995 and this position was assumed by Dr. Z. Alavi who continued as Editor until 1999. In 1997 the Editor became a Councilor and was entitled to attend meeting of the Executive Committee



## Amendments to the Costitution approved

### Notice of issuance of Letters Patent published in the Canada Gazette

Ottawa, June 19, 1997 - Industry Canada has issued supplementary Letters Patent concerning Article 1.1 and 1.2 of the constitution of the Society, confirming the By-laws of the Society enacted by its Directors and sanctioned by a vote of 100% of members present at a special general meeting of the Society held on 27 September, 1996 in Halifax, Nova Scotia. The Notice of the issuance of the Letters Patent has been sent to the Canada Corporation Bulletin and the Canada Gazette.

The Amendments, which have renamed the Society as the Canadian Society of Atherosclerosis, Thrombosis and Vascular Biology [Société canadienne d'athérosclérose, de thrombose et de biologie vasculaire], inserted a possible clearly defining the aims and objectives of the Society as article 1.2 (copied on page 7), reduced the number of standing committees to four with the Long-Term Planning Committee become a committee of the Board Members, chaired by the President-Elect, reduced the meeting quorum to 10 and made the Editor a full member of the Board and an officer of the Society, received Ministerial approval as of May 29, 1997, according to a communication from the Director of Corporations.

### Sponsors renewed support

Site - June 1997 Merck Frost Canada Incorporated has renewed its educational grant to offset the printing cost of the Newsletter for another year. Also, Novartis Canada Incorporated (former) Sandoz (Canada) Inc. informed the President Dr. Julien of its continued sponsorship of the Society's annual lecture which it has been supporting since the establishment of this named lecture in 1991. Now this lecture is to be renamed as the Novartis Lecture.

### Steinberg to give Novartis Lecture

Calgary, June 1997 - Dr. Howard Parsons, Chair of the Education Committee announced that the eminent scientist Professor Daniel Steinberg of the University of California-San Diego, who is a world authority on the role of oxidized LDL in atherosclerosis has accepted the Society's invitation to give the 1997 Novartis Lecture. Professor Steinberg's Lecture is scheduled at 2:00 PM on Friday, the 26 September, 1997 at the Symposium on Oxidative Reactions in Atherosclerosis, to be held in conjunction with the annual scientific meeting of the Royal College of Physicians and Surgeons in Vancouver B.C.

### Three Committees met jointly in Aylmer

Aylmer, June 27, 1997 - The Education, Finance and Long-term Planning committees convened at the suggestion of Dr. Tish Oso, the FC Chair for a special joint session in Chateau Canter to discuss various pressing issues of interest. The joint session which continued uninterrupted for seven and half hours, was chaired by Dr. Kenneth Carroll, the LTPC Chair.



The participants of the joint meeting of three standing committees in Aylmer, Quebec. From left to right: Dr. Daniel Parsons, Daniel, Julien, Moore, Sparks, Oso and Carroll.

### Pfizer Symposium on CAD prevention

CSATVB part of a team of Co-Sponsors

The Society agreed to co-sponsor a satellite symposium entitled "Prevention of CAD - Myth or Reality", organized by Mrs. Agnes Grant of Pfizer Canada Inc. in conjunction with the annual meeting of the Royal College of Physicians and Surgeons of Canada on Saturday, September 27, 1997 in Vancouver. The detailed program of the Symposium is provided in the enclosed flyer.

The other co-sponsors are the Hypertension, the Clinical Pharmacology, and the Cardiovascular societies.

### Constitution in French

Dr. Sean Moore, the President-Elect has been delegated by the Council to arrange for the translation of the Constitution into the French language.

### Logo Competition \$100 for best design

Members are invited to design a new logo reflecting the objectives of the Society and incorporating its new name. Entries for the consideration of the Council should be submitted to the Secretary, Dr. James Russell, Department of Surgery, 1275 Heritage Medical Centre, University of Alberta, Edmonton, T6G 2S2, by September 1, 1997. There will be a prize of \$100 for the selected logo.

### Call for Nomination of Officers

The Nominating Committee would like to receive suggestions from the membership for the positions of two Councilors and the President-Elect. So far the names of Dr. Marlene Rubinovitch and Dr. Julian V. T. Lam for Councilors, and Dr. Mary Richardson as President-Elect have been proposed. They have agreed to serve, if elected. With the amendments to the Constitution, the President-Elect would have the added responsibility of chairing the LTPC Committee. Other names should be submitted to any member of the Nominating Committee by September 1, 1997.

Dr. Pierre Julien	(416) 656-4141
	ext. 7052
Dr. Carl Breckneridge	(902) 494-0436
Dr. Sean Moore	(514) 708-7122
	ext. 8080
Dr. Kenneth Carroll	(519) 661-5007
Dr. Mark Hatton	(905) 523-0140
	ext. 2246
Dr. Bradley Strauss	(416) 864-5193

Sponsored by:

These Newsletters assumed a new format and included a range of information on current events and as well profiles of various personalities of the Society: for example previous In 1999 Dr. Nassar became Editor of the Newsletter, and again produced a new development in design. In 2005, an anniversary edition of the Newsletter provided a glimpse of the past as well as a look into the future. The Editorship is currently in the hands of Drs. Richardson and Hatton.

Presidents: Dr. Haust, Dr. Davignon; and Dr. Carroll, and other outstanding members such as Dr. Frohlich and Dr. Hatton. In 1997, the IAS identified Dr. Alavi's Newsletter as worthy of special recognition.

Spring 1995 Newsletter

## 20.2 Web Site

In 1995 there was a proposal to create "an electronic bulletin board". Drs. Julien and Pritchard examined this possibility and in 1997, a Web site, <http://www3.sympatico.ca/csatvb>, was developed for the first time by Dr. Julien, who is still involved in this initiative. Dr. R. Austin was assistant Editor from 2001 until 2005.

As the publications produced by the Society became more extensive, an *ad hoc* Communications Committee, composed of Drs. Austin, Nassar, Julien, was formed in 2004 to supervise all publicity including the web, the newsletter, brochures and pamphlets. Currently (2007) this Committee includes the editor(s) of the Newsletter, the editor(s) of the Web site, the President, *ex officio*, and the Chair of the Education Committee.

## 21. OTHER INITIATIVES:

There have been a number of initiatives originated by external agencies, both commercial and institutional, with requests for input, financial support or sponsorship from the CAS/CSTAVB.

These requests included input into health and treatment guidelines (1990, 1991, 1994, 1996, 2000, 2001), educational initiatives (1991, 1993), formation of lipid clinics (1993), technical advice (1991, 2001).

## 22. RECOGNITION OF MEMBERS OF CAS/CSATVB

In 1990, Dr. M.D. Haust received the Killam award in recognition of her research into disease in children and the identification of the role of smooth muscle cells in the development of the atherosclerotic lesion. The IAS presented her with a Distinguished Achievement Award in 1994. In 2007, she was admitted to the Order of Canada.

The Dr. Robert More Fellowship for Graduate Students in Pathology was created at McGill University in 1994

In 1997 Dr. Gotlieb was elected to Council of the American Society of Investigative Pathology (ASIP), became President in (2001-2002). He served as Program Chair for the annual meeting of ASIP (1997-99). In 2002, he became a member of FASEB Council. In 2006, Dr. Gotlieb was elected as a

Fellow of the Canadian Academy of Medical Science. Dr. Gotlieb was elected Vice-President, Science Policy, Federation of American Societies for Experimental Biology, for a 3 year term.